

Sabinal School Health Advisory Council

SHAC meeting

Agenda

April 11, 2023

1. Welcome and Opening Remarks
 - a. Call to order
 - b. Welcome and introductions of members and guests.
 - c. Approval of minutes from last meeting.
2. Identify the three goals to work on for the year. (design execution action plan or re-work plan)
 - a. Sabinal ISD will offer a puberty program to students in fourth, fifth and sixth grade by Nurse Reyes.. The curriculum will be based on the TEKS provided by the state of Texas. Permission slips will be mailed out to parents/guardians. Completed in February.
 1. Discussion of the program, what worked, what didn't work and how to improve.
 - b. Sabinal ISD will instill healthy promoting behaviors. Students will apply critical thinking and decision making skills to make positive health choices Sabinal ISD will utilize the Learn, Grow, Eat and Go curriculum provided by Molly Flores, county agent for Family and Community Health. Education will be provided to PreK and Kinder students. Lessons to start in February, planting in March. Scheduling conflicts have caused delays in the start of the program, but will begin in April.
 - c. Sabinal ISD to offer a health class for the upcoming school year to students of Sabinal ISD. The need of a health class is vital in helping students emotionally, mentally and physically with daily challenges students face.
 1. Will a health class be available for next year?
3. Who would you like to invite to sit on this council for next year?
4. Next meeting
 - a. Set date
 - b. Call for agenda topics for the next meeting.