

**Sabinal School Health Advisory Council**  
**SHAC committee meeting**  
**Agenda**  
**04/02/2024**

1. Welcome and Opening Remarks

- a. Call to order.
- b. Welcome and introductions of members and guests.

2. Three goals for the school year: As SHAC must write out three goals.

a. Nutrition goals:

All concession stands at Sabinal ISD must offer a healthy snack on their menu starting the 2024-2025 school year. For example, they can offer bags of celery or carrots, granola bars, or 100 calorie snacks. Awaiting approval from the board.

b. Crosswalk at N. Houston and Cullins Ave. Sabinal. Spoke with Sabinal City Director Mr. Martinez and he stated he would have the crosswalk placed on the agenda at the next City Council meeting.

c. Mental Health-having a counselor available at the Sabinal Clinic-currently in talks with UMH. Currently speaking with Uvalde Memorial Hospital regarding this.

d. Food Bank-leftover commodities-would they be available to use at Sabinal: Goal Met- Mrs. Earnhart set up a food pantry at the HS on Fridays the students are able to shop before leaving home for the weekend.

e To offer a Health class to the students of Sabinal ISD.

3. Puberty classes for elementary students 4-6.

4. Next committee meeting: Next school year