

**Sabinal School Health Advisory Council**  
**SHAC meeting**  
**Agenda**  
**02/06/2024**

1. Welcome and Opening Remarks

- a. Call to order.
- b. Welcome and introductions of members and guests.

2. Three goals for the school year: As SHAC must write out three goals.

a. Nutrition goals:

All concession stands at Sabinal ISD must offer a healthy snack on their menu starting the 2024-2025 school year. For example, they can offer bags of celery or carrots, granola bars, or 100 calorie snacks.

b. Crosswalk at N. Houston and Cullins Ave. I have sent an email to TxDOT and am awaiting to hear back from them.

c. Mental Health-having a counselor available at the Sabinal Clinic-currently in talks with UMH. Currently speaking with Uvalde Memorial Hospital regarding this.

d. Food Bank-leftover commodities-would they be available to use at Sabinal? Mrs. Earnhart is working with the Food Bank to set up a food pantry for students.

e To offer a Health class to the students of Sabinal ISD.

4. Next sub committee meeting:

March 27, 2024 at 7 PM Sabinal Elementary Library

Next SHAC meeting:

Tuesday, February 6 at 4PM HS Library.

Tuesday, April 2 at 4PM HS Library.